

Rhinite non Allergique VHox

Patients who present with chronic rhinitis frequently are encountered in physicians' offices. The best-studied form of chronic rhinitis is allergic rhinitis, however, the prevalence of non-allergic rhinitis amongst the chronic rhinitis population is high and the disorder is an important cause of widespread morbidity. Despite this fact almost no diagnostic tests or adjusted treatment schedules are established for this patient group. Chronic non-allergic rhinitis covers an extensive range of differential diagnoses and comprises drug-induced, hormonal, vasculitic, occupational, senile and idiopathic rhinitis. The etiology as well as pathophysiology is only defined for some of these forms.

This presentation summarizes the causes of non-allergy rhinitis as well as the available options for diagnostic work-up and novel strategies regarding patient-adapted treatment options. It aims at providing a tool for a more individual approach of non-allergic rhinitis patients in order to obtain an improvement of their quality of life.